

Human Services Agency Assistance Programs

CalFresh (Food Stamps), Medi-Cal, CalWORKs & General Relief

**Apply Online
Now for CalFresh
(Food Stamps)
& Medi-Cal**



Strengthening families, supporting self-sufficiency and promoting safety, health and well being.



COUNTY OF VENTURA

CalFresh (Food Stamps) Program

The CalFresh Program, formerly known as Food Stamps, helps people who have little or no income buy nutritious groceries. CalFresh benefits are not cash. They come on an electronic benefit transfer (EBT) card that you can use like a bank debit card to buy food at most grocery stores.



CalFresh (Food Stamps) Eligibility

When you apply, you will be asked for information about your residency, citizenship, identity, Social Security Number, income, and property. Additionally, adults will need to have their fingerprints and a photo taken for identification.

To get CalFresh benefits, your income and other resources must be under certain limits (see chart below). Also, the property limit is \$2,000 per family or \$3,000 per family if a member is over age 60 or has disabilities. The home you live in, and all cars and retirement accounts, are not counted as property. Some families with children under 18 living in the home may be eligible for CalFresh if the family is under the income limit but over the property limit.

Family Size	Monthly Gross Income Limit
1	\$1,174
2	\$1,579
3	\$1,984
4	\$2,389
5	\$2,794
6	\$3,200
7	\$3,605
8	\$4,010
Each extra person	+\$406

These figures are current as of December 2010.

Emergency Food Assistance

Emergency CalFresh benefits are available. If your family has less than \$100 or made less than \$150 this month, consider applying in-person and let us know your situation. Those who qualify will receive benefits within three days of receipt of application.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for CalFresh; the only way to know for sure is to apply.

See center page for how to apply.

Medi-Cal Program

Medi-Cal is California's public health insurance program. The Medi-Cal Program provides needed health care services for low-income individuals, including families with children, seniors, persons with disabilities, children in foster care, pregnant women, and low-income people with specific diseases such as tuberculosis, breast cancer, or HIV/AIDS.

Medi-Cal Eligibility

When you apply, you will be asked for information about your residency, identity, citizenship (to qualify for Medi-Cal that covers more than just emergencies), Social Security Number, income, property, and other health care coverage. Children from birth up to 21 years may be eligible for Medi-Cal, as are people 65 years or older, unemployed or low-income parents, and those who are blind or have disabilities, require In-Home Support Services, or live in a board and care or long-term care facility. Recipients of SSI/SSP, CalWORKs and Foster Care are automatically eligible for Medi-Cal.

To qualify for most no-cost Medi-Cal, your counted monthly income must be under a certain limit (see chart below). If your income is higher, you may still be eligible but will have to pay for part of your medical expenses. You must also be under property limits. Examples of property include cash, bank accounts, vehicles, and homes, although your home and one vehicle are not counted. There are many other property exemptions.

Family Size	Monthly Gross Income Limit for No-Cost Medi-Cal	Property Limit for No-Cost Medi-Cal
1	\$903	\$2000
2	\$1215	\$3000
3	\$1526	\$3150
4	\$1838	\$3300
5	\$2150	\$3450
6	\$2461	\$3600
7	\$2773	\$3750
8	\$3085	\$3900
9	\$3396	\$4050
10	\$3708	\$4200
Each extra person	+\$312	-

These figures are current as of December 2010.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for Medi-Cal; the only way to know for sure is to apply.

See center page for how to apply.

Options for Applying – Which Works Best for You?



Which Assistance Programs do you want to apply for?

		Medi-Cal	Medi-Cal & CalFresh	CalFresh (Food Stamps)		CalWORKs	General Relief	Not sure which program(s) to apply for
		Applying only for Medi-Cal	Applying for Medi-Cal & CalFresh	Applying only for CalFresh	Applying for Emergency CalFresh	Applying for CalWORKs	Applying for General Relief	
<p>Apply In-Person: Visit an HSA Intake & Eligibility Center to apply (Locations listed on back)</p>	<p>Best option if you:</p> <ul style="list-style-type: none"> • Can apply during office hours (8 a.m.-5 p.m.) • Are applying for CalWORKs or General Relief • Are not sure which program(s) to apply for • Need help completing forms 	✓	✓	✓	✓	✓	✓	✓
<p>Mail in Your Application: Request an application by phone, pick one up at an office, or print one out from www.vchsa.org and then mail it in*</p>	<p>Best option if you:</p> <ul style="list-style-type: none"> • Cannot apply during office hours • Are comfortable completing paper forms <p>*Note: CalFresh applicants must also complete a telephone interview</p>	✓	✓	✓				
<p>Apply Online: Complete an application online at www.benefitscalwin.org and submit it online*</p>	<p>Best option if you:</p> <ul style="list-style-type: none"> • Cannot apply during office hours • Are applying for Medi-Cal and CalFresh • Are comfortable working on computers and submitting information electronically <p>*Note: CalFresh applicants must also complete a telephone interview</p>	✓	✓	✓	This option is available, but an office visit is recommended.			This option is available, but an office visit is recommended.

CalWORKs Program

The CalWORKs (California Work Opportunity & Responsibility to Kids) Program can provide cash assistance to families with children for up to five years. Certain adults in the program are required to participate in welfare-to-work activities, such as looking for a job, attending job training, working, or furthering their education, which will improve their chances for long term employment and self-sufficiency. CalWORKs employment specialists help parents develop and achieve their career goals, and assist with referrals to child care so that parents can work. CalWORKs participants are automatically eligible for Medi-Cal and may qualify for CalFresh benefits.

CalWORKs Eligibility

When you apply, you will be asked for information about your residency, citizenship, Social Security Number, income, property, school attendance, and child support. Additionally, adults will need to have their fingerprints and a photo taken, and children must get their immunizations.

You may qualify for CalWORKs if you are a low-income or unemployed parent with dependent children living at home. Countable monthly income must be under a certain limit (see chart below). Since there are many kinds of deductions, you are encouraged to apply, even if your income is close to the countable income amount. Also, the property limit is \$2,000 per family or \$3,000 per family if a member is over age 60 or has disabilities. Examples of property include cash, bank accounts, vehicles, and homes, although the home you live in is not included.

Family Size	Monthly Gross Income Limit
1	\$548
2	\$899
3	\$1,114
4	\$1,322
5	\$1,509
6	\$1,696
7	\$1,864
8	\$2,030
9	\$2,202
10	\$2,390
Each extra person	\$20

These figures are current as of December 2010.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for CalWORKs; the only way to know for sure is to apply.

See center page for how to apply.

General Relief Program

The General Relief Program provides assistance to eligible adults who have no dependent children. When no other source of assistance is available, the General Relief Program can help provide the most basic living needs. Eligible adults may receive direct payments to their landlords and/or utility companies, up to a maximum of \$310 per month, for a household of one. General Relief payments are considered a loan and must be repaid. The General Relief program provides assistance to eligible adults who are deemed able to work, and those adults who are deemed unable to work because of a mental or physical disability.

General Relief Eligibility

In order to receive General Relief, you must be a resident of Ventura County. You may qualify if you are poor, destitute, incompetent, or incapacitated by age, disease or accident and you are not supported by relatives, friends or any other source. You must be actively seeking employment if you are able to work. Your property and all your income from any source are considered when calculating whether you qualify for General Relief. Qualified applicants' household incomes must be within allowable limits, with property value not to exceed \$1,000, and available cash on hand and in saving accounts not to exceed \$100.

See center page for how to apply.

Services for Job Seekers

All clients of the Human Services Agency, as well as members of the larger community, have convenient access to job search and placement assistance, workshops and other support services at no cost through:

www.venturacountyjcc.org - The Virtual One Stop (VOS) is Ventura County's comprehensive employment services website, providing online employment services for job seekers and employers. Resources are available to research information on employers, career choices, job listings, and training and education resources.

Job & Career Centers - At offices across Ventura County, the Job & Career Centers offer job listings, career guidance, labor market information, training and education resources, and tools for job preparation.

Job & Career Center locations listed on last page.

Job & Career Centers





COUNTY OF VENTURA
HUMAN SERVICES AGENCY

Intake & Eligibility Centers

Oxnard Intake & Eligibility Center
1400 Vanguard Drive, Oxnard
(805) 385-9363

Ventura Intake & Eligibility Center
4651 Telephone Road, Suite 100
Ventura
(805) 658-4100

Santa Clara Valley
Intake & Eligibility Center
725 E. Main Street, Santa Paula
(805) 933-8300

Fillmore Intake & Eligibility Center
828 Ventura Street, Suite 210
Fillmore
(805) 933-8300

East County Intake & Eligibility Center
2003 Royal Avenue, Simi Valley
(805) 584-4842

Job & Career Centers

Oxnard College Job & Career Center
4000 S. Rose Avenue, Oxnard
(805) 986-7300

Oxnard Job & Career Center
1400 Vanguard Drive, Suite C, Oxnard
(805) 385-9100

West Oxnard Job & Career Center
635 S. Ventura Road, Oxnard
(805) 382-6551

Ventura Job & Career Center
4651 Telephone Road, Suite 200, Ventura
(805) 654-3434

Santa Clara Valley Job & Career Center
725 E. Main Street, Suite 101, Santa Paula
(805) 933-8300

Fillmore Job & Career Center
828 Ventura Street, Suite 210, Fillmore
(805) 933-8300

East County Job & Career Center
980 Enchanted Way, Suite 105, Simi Valley
(805) 955-2282

Thousand Oaks Job & Career Center
1423 Thousand Oaks Boulevard, Suite 100
Thousand Oaks
(805) 374-9006